

New Kung Fu classes in Guildford

Contributed by siukee wan

Shaolin Ancestors Kung Fu Schools are now opening new classes in the Guildford, Woking, Leatherhead and Godalming area.

Along with its better-known cousin styles, Wing Chun and Tai Chi, Shaolin Ancestors also has its foundation rooted around a unique and comprehensive Chi Sau (Sticking Hands) system.

This is an all round Internal Kung Fu system, which can be trained for both Practical Self Defence and for Health.

Classes are informal and friendly and students of all levels including beginners are welcome. For more details please contact Siukee Wan on 07966 169 057 or email siukeewan@hotmail.co.uk